Blood Sugar Log

Patient Name _____

Crabapple Medical Center PC
PRIMARY CARE & GERIATRICS
Care with Compassion

Condition	Min	Max
Normal	70	99
Pre-Diabetes	100	125
Diabetes	>126	■
A1C	~ 7%	■

Week Of __/__/__	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Before	After	Before	After	Before	After	Before	After	Before	After	Before	After	Before	After
Breakfast														
Lunch														
Dinner														
Bedtime														

Week Of __/__/__	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Before	After	Before	After	Before	After	Before	After	Before	After	Before	After	Before	After
Breakfast														
Lunch														
Dinner														
Bedtime														

Week Of __/__/__	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Before	After	Before	After	Before	After	Before	After	Before	After	Before	After	Before	After
Breakfast														
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Patient Notes: